

# Exploring Sustainability Workshop

## Grades 7, 8 +

### "I can make a difference!"

Experience our farm looking through the Lens of Sustainability. Explore the interconnections between our environment, our economy and our community.

We strive to have the students `trip over the truth` by engaging them in a variety of activities that explore sustainability in relation to food, farming and the environment.

We challenge them to dig deeper into the issues so they can come to understand they can make a difference through the choices they make or don't make every day.



Concepts of Sustainability explored are:

-  **Community**
-  **Healthy Eating**
-  **Interdependence**
-  **Cycles**
-  **Change over time**
-  **Ecosystems**
-  **Ability to make a difference**









### Book your tour

Call Leslie at 905-887-1086 or email us at [forsythefamilyfarmtours@gmail.com](mailto:forsythefamilyfarmtours@gmail.com)  
[ForsytheFamilyFarms.com](http://ForsytheFamilyFarms.com)

### Farms Are Fun!

All tours include

-  **Friendly, informative instructors**
-  **Inquiry based, interactive activities**
-  **Flexible starting times to allow for travel time**
-  **A wagon ride around our fields**
-  **Relevant take home classroom materials**
-  **Indoor and outdoor lunch areas**

### Giving Garden

We have set aside a 1½ acre garden plot to provide the opportunity to grow generosity and give service to others. Students can participate in the growing and harvesting of vegetables to give away to hungry families in need.



### Workshop Cost

(3 hours) \$13.00 + HST

1 Teacher and 1 assistant free/class  
**Tours are available May – Mid November**

A non-refundable deposit equal to the minimum tour charge of 20 people is required to confirm your booking. Prices in effect until January 2019. Most activities take place outside. Please have the students dress appropriately for the weather.

### Check us out

Forsythe Family Farms 2009 Inc.  
1025 Cragg Rd, Greenbank, Ontario  
[ForsytheFamilyFarms.com](http://ForsytheFamilyFarms.com)

Cultivating Curiosity, Planting Knowledge, Harvesting Understanding!

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