



## **CSA (Community Supported Agriculture) Assistant**

The Forsythe Family Farm believes it's important to connect to where your food comes from. We invite the public to take part in the farm-to-table concept on our farm, with our CSA program, and at the farmer's markets, we attend.

As with all staff, our CSA assistant is to engage with our customers they meet, interacting in positive ways to promote their passion for food and healthy living. A mindset of continuous learning, customer service, teamwork, and having an "*I can make a difference*" attitude is important for the farm's success in strengthening the farm and food connection.

### **Responsibilities and Tasks** (*Tasks can vary day to day, no day is the same*)

#### ***Tasks include but are not limited to:***

- Fieldwork including planting, cultivating, weeding, and harvesting
- Prepping crops harvested for sale at our on-farm market, farmers markets, and our CSA program
- Assist in developing efficient methods in processing food, from bagging salad mixes to preserving overstock items
- Interact with CSA and farm customers
- Assist with farmers markets sales as needed

#### ***Responsibilities are to:***

- Maintain a good level of personal fitness to prevent injury as this job is very physical involving lifting, and repetitive fieldwork in all kinds of weather.
- Work as an effective team member to maintain a safe work environment employing clean, safe work habits, using proper equipment and PPE, exercising clear communication, and following instructions
- Able to work independently as well as a team member taking responsibility for completing the tasks assigned
- Take an active involvement in our CSA community offering knowledge and ideas on how to prepare the food in our weekly share boxes with conversations and social media

***Come with a good attitude and a passion for food; we will train for the skills and farming knowledge***

### **Employment Terms:**

Full-time/Part-time seasonal: May 9<sup>th</sup> to Monday, September 5<sup>th</sup>

All work is in the daytime, farmers markets start early am

**Report to:** CSA supervisor

***Growing for the GTA since 1972***

**Forsythe Family Farms 2009 Inc 1025 Cragg Rd, Uxbridge 905-985-6749**

**<https://forsythefamilyfarms.com>**