



Connect to our Farm

# Join Our CSA

SIGN UP  
TODAY



We Make Eating Farm Fresh Simple

# Community Supported Agriculture (CSA) is a membership program linking you to your local farming community.

It empowers those actively pursuing a healthier lifestyle by simplifying the eating of fresh, seasonal, and locally grown foods. Membership perks cultivate a deeper relationship with farming and the food we eat.



## **SUMMER** - May - October

Embrace the flavors of each season! Enjoy a delicious variety of fresh-picked fruit and vegetables grown by us and other Ontario farmers.



## **BIWEEKLY** or **MONTHLY** Memberships Available

Choose the frequency that fits your needs! Our monthly share offers flexibility to accommodate busy schedules.



## **FALL** - 4 shares, October - December

Love Local Longer! – Delight in an array of late-season fruits and vegetables; ideal for enjoying fresh or preserving for the winter.

**We grow more than just fruits and vegetables, we grow connections!**

**Join Today**



Forsythe Family Farms 2009 Inc  
1025 Cragg Road, Greenbank L9P 1R3  
[www.forsythefamilyfarms.com](http://www.forsythefamilyfarms.com) | 905-887-1087

#naturalbettered